



itsu

health & happiness

- soups • sushi boxes • salad boxes • sharing boxes
- a la carte menu • desserts • snacks • drinks

hot food

Forever Young Miso Soup (v) - £1.99 Freshly made miso with coriander, tofu and wakame.

Chicken & Coconut Soup - £4.00 A rich and velvety taste with fresh chicken and ginger.

Warm Rice (v) - £1.50

sushi boxes

Our sushi boxes are served with wasabi, ginger and soy sauce making an ideal meal for one person.

Vegetarian Sunrise & Salad (v) - £3.95 Vegetarian sunrise maki rolls and itsu noodle & herb salad, soy roasted pumpkin seeds and shallot dressing. (6 pieces)

Omega 3 Salmon Supreme - £5.95 Salmon sushi, salmon maki, itsu salad, soy roasted pumpkin seeds and sweet chilli dressing. (8 pieces)

Tuna & Salmon Sushi - £6.95 Line caught tuna and salmon sushi, itsu glass noodle and herb salad with sweet chilli dressing. (8 pieces)

Super Salmon "3 Ways" - £7.95 Salmon & chilli salmon sushi, salmon maki, salmon sashimi. (13 pieces)

Health & Happiness - £7.95 Line caught tuna and salmon sushi, salmon sashimi, crab and salmon maki rolls. (13 pieces)

Mixed Salmon & Tuna Sashimi - £9.95 Line caught tuna and salmon sashimi, edamame and wakame. (12 pieces)

a la carte

Nigiri (sushi) (4 pieces)	Maki Rolls (4 pieces)
Salmon £3.95	Vegetarian Sunrise (v) £3.25
Chilli Salmon £3.95	Salmon & Avocado £3.95
Tuna £3.95	Crab California £3.95
	Duck Hoi Sin £3.95
Sashimi	Smoked Salmon & Oba (6 pieces) £3.95
Salmon £3.95	
Tuna £3.95	Crystal Rolls
Salmon "New Style" £4.50	Chilli Crab £3.95
Yellowtail "New Style" new £4.50	Duck Hoi Sin £3.95
Seared Fillet of Beef £4.50	Spicy Tuna £4.50

salad boxes

Our salad boxes make an ideal meal for one person.

Hip, Humble & Healthy (v) - £4.25 Avocado, itsu rocket salad, sesame beans, itsu rice with chives and shallot dressing.

Line Caught Yellow Fin Tuna Salad - £5.95 Seared line caught tuna, soft egg, fresh herb salad and itsu shallot dressing.

Special Salmon Salad - £5.95 Oven roasted miso marinated salmon, Japanese rice and itsu seasoning, bean salad, itsu glass noodle and herb salad with fresh herb dressing.

sharing boxes

Meetings, family gatherings and parties, our sharing boxes are ideal for 2 to 3 people.

itsu Sushi Selection - £24.95 Our favourite selection of the best quality, freshly prepared tuna, salmon and edamame beans. (Nothing weird, no octopus, squid, sea urchin etc). (20 pieces)

itsu Classic Selection - £24.95 A beautiful selection of easy to eat maki rolls and sushi. The box includes all our favourites; tuna, crab, salmon and edamame beans. (30 pieces)

itsu Sashimi Selection - £26.95 A beautiful selection of salmon and tuna sashimi, ikura, oba and edamame beans. (24 pieces)

itsu Specials new	Sides
Chicken Bang Bang £4.50	Edamame Beans, £1.95
Sweet Chilli Scallops £4.50	Maldon Salt (v)
Seasonal Special <i>please call</i>	Graze & Dazzle - £1.95
	Side Salad
Desserts (v)	Tenderstem Broccoli (v) £2.95
Valrhona Chocolate Shot £2.50	itsu Sesame Spinach (v) £3.25
Berries on White Chocolate Yoghurt £2.50	
itsu Fresh Fruit £3.50	Soft Drinks
	Tynant <i>Still (500ml)</i> £1.00
Snacks (v)	San Pellegrino £1.00
Seaweed Peanut Crackers £1.80	<i>Sparkling (500ml)</i>
Yoghurt Fruit Mix £1.80	Coke / Diet Coke (33cl) 95p
Wasabi Peas £1.80	Asahi Beer £3.60
	Sake <i>Chilled</i> £6.10

itsudelivers

Order Online

www.itsu.com

Free delivery for orders over £15, otherwise a £5 charge.

Pay by cash or credit card. Phone lines are open for orders from 10am.

Menu and prices correct at time of going to press.